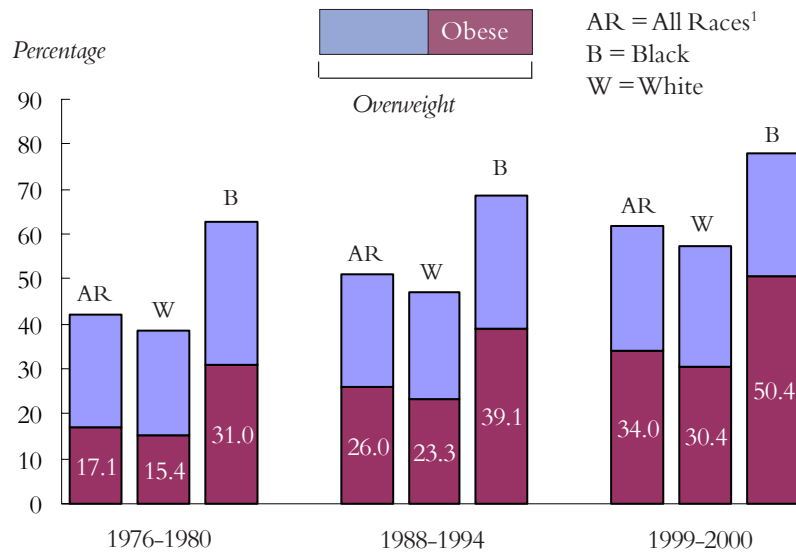


Figure 3-5 • Overweight and obesity among women age 20–74 by race, 1976–80, 1988–94, and 1999–2000 (in percentages).

Obesity is implicated in many dangerous health conditions, including diabetes, the fifth leading cause of death for women (see Table 3-4). In the last quarter-century or so, obesity among white women doubled—from 15.4 to 30.4 percent. Among black women, it reached an alarming 50.4 percent.



¹Includes Native Americans and Asian/Pacific Islanders, not shown separately (data not available)

Source: National Center for Health Statistics, *Health, United States, 2003*, Table 68.

Figure prepared by the Women's Research and Education Institute (WREI), 2005.